

# Purpose and 'WHY' Review

## AREAS OF LIFE

Describe three 'perfect' scenarios for each area

(Hint: Refer to Chapter 1's 'Life Assessment Health Check' to help you expand on this)

Describe how achieving these perfect scenarios would make you feel and how important they are to you

**Mental State and Personal/ Professional Development**

- 1.
- 2.
- 3.

**Vocational Interest/ Career and Business**

- 1.
- 2.
- 3.

**Financial Stability**

- 1.
- 2.
- 3.

**Family and Personal Relationships**

- 1.
- 2.
- 3.

**Social Life and Family Life**

- 1.
- 2.
- 3.

**Physical Well-Being**

- 1.
- 2.
- 3.

**Spiritual Well-Being**

- 1.
- 2.
- 3.

**BE YOUR OWN BOSS**