

# Associations Checkpoint

**How do the five closest people in your life influence you based on your 'life assessment health check'?**

Make a list of your five closest associations and answer the questions on the left.

These are people you spend the most amount of 'active mindsapce' with. It can be personal interaction – i.e. face to face, over the phone, Skype, Facebook, or attending seminars, listening to podcasts, audio CDs, watching videos, reading their books, etc.

Note: There is no right or wrong answer with any of these questions; however the answers may highlight some interesting common trends and whether this is what you have in mind for your life). You can continually update this list as your associations change, so that you start attracting the people who already live and practice the lifestyle that you wish to emulate.

The question to ask yourself as you do this exercise is “Do I want to be like this person?” or “Is this the type of person whose character traits I aspire to?”

	1	2	3	4	5
<b>List your five closest associations here →</b>					
<b>Mental State and Personal/Professional Development</b>					
Do they practice ongoing personal and professional development? (Y/N)					
Do they dress and present well? (Y/N)					
<b>Vocational Interest/Career and Business</b>					
Do they have an Employee or Entrepreneurial mindset? (EMP/ENT)					
Are they business savvy? (Y/N)					
<b>Financial Stability</b>					
What is their approx. Annual Income? (Hint: Round to nearest \$10K, or \$100K)					
Do they invest in shares, property, and/or other business ventures? (Y/N)					
<b>Family and Personal Relationships</b>					
Relationship status? (Single 'S'/Defacto 'DF'/ Married 'M' (kids)/Divorced 'DV')					
Are they close with their family? (Y/N)					
<b>Social Life and Family Life</b>					
Do they have a 'great' lifestyle? (Y/N)					
Are they making a difference in the community? (Y/N)					
<b>Physical Well-Being</b>					
Are they fit and healthy? (Y/N)					
Do they play sport or exercise? (Y/N)					
<b>Spiritual Well-Being</b>					
Are they religious?					
Are they accepting of other people's faiths and beliefs? (Y/N)					

